

Welcome to Holy Rood

You are very welcome to our church and parish community. If you are new to Holy Rood, please introduce yourself to one of the clergy or welcomers.

Mass	Readers	Wel-come	Ministers of the Eucharist	Offertory
Sat 3 1st 19.00	B. Lincoln J. Harris		<u>E. Cornish</u> , L. Webb, R. Defriez, M. Defriez, M. Gallagher	Cullen family
Sun 1st 8.00	M. Mulherrins C. Mort	Team C	<u>N. Dyckhoff</u> , M. Joseph, J. Morse, S. Gornall, M. Gornall	Nkemdirim family
09.30	D. St. Rose L. Mayuga	A. Baptista	<u>K. Sheridan</u> , D. Jose, D. Cunningham, C. Ramsey, R. Zacharia	O'Beirne family
11.00	M. Hitchens A. Johnson	Team C	<u>N. Dyckhoff</u> , K. Aldous, <u>M. Ellwood</u> , J. Smith, <u>J. Morgan</u> , N. Ford, R. D'Souza	C. Maguire & family
18.30	I. Barrett		<u>A. Fusi</u> , D. Cooper, G. Lim, A. Hooper, N. Garibaldi	Murray family

Cleaning: Team F. 7th February.

Sunday Coffee Mick Next week: *Aitana & Carlos*

Saturday Coffee Shop after 11.00 Mass: February 7th - Carmel & Grace



Holy Rood is a Fairtrade parish

Mass Times & Intentions: 2nd - 8th February

Monday	08.30	Maureen Sheehan RIP 12.00 James Finnigan RIP
Tuesday	08.30	In honour of Jesus 12.00 Eamon Scanlon RIP / Kevin O'Brien RIP
Wednesday	08.30	Fr Joseph Keating Anniv. 12.00 Frederick Hawkins - Funeral Mass
Thursday	08.30	Delia Fletcher 12.00 Benny Hollywood RIP Catherine Obinwa Int.
Friday	08.30	Power family 12.00 Kitty McCarthy RIP / Juliet Basnayake RIP
Saturday	11.00	Gil Almond Anniv. / Philip Culhane Anniv. 19.00 Didi Anolve Birthday Int. Edward O'Brien RIP
5th Sunday	08.00	Marian & Des Renehan RIP/ Mary Baker Anniv
Job 7:1-4, 6-7, Ps 146:1-6, I Cor 9:16-19, 22-23, Mk 1:29-39	09.30	For the Parishioners
	11.00	Maureen Sheehan RIP
	14.15	<i>Polish Mass</i>
	18.30	John Doney Keating RIP

Confession: Saturday

11.30 - 12.30, 18.15 - 18.40

Baptism by appointment.

Marriage - 6 months notice Required

Safeguarding: Protecting Children and the Vulnerable

Your parish safeguarding representative is Cathy Kleiser 01923 233402.

For advice and concerns please contact the Diocesan Safeguarding Team: Fr Jeremy Trood - Episcopal Vicar for Safeguarding
Eve Edohen - Diocese Safeguarding Co-ordinator 0207 798 9356
safeguarding@rcdow.org.uk

If you believe that a child or vulnerable adult is at immediate risk of harm please contact the police on 999.

In case you are admitted to hospital: In the light of data protection please indicate, on entering hospital, that your details are to be passed to the RC Chaplain. Also state that you would like the RC chaplain to visit you.
West Herts Hospitals contact: Colette Lennon 01923 217994.

Mass: Thursday 1.15 pm in the chapel (Watford General level 3) for patients & staff.

Mount Vernon Hospital contact Lynn Bassett 07803 986716

Anniversaries: Fr Joseph Keating, Gil Almond, Maria Obasoge, Ned & Theresa Ryall, Philip Culhane.

Recently Deceased: Frederick Hawkins, Keith Wright and Margaret Calvin

Holy Rood Catholic Church, Watford

Clergy: Canon Paul McAleenan, Fr Ivano Millico and Deacon Neville Dyckhoff

Holy Rood House, Exchange Road, Watford. WD18 0PJ. (01923) 224085

Email: watford@rcdow.org.uk; paulmcaleenan@rcdow.org.uk

webpage: www.holyroodrc.com

Italian Chaplain: Fr Alberto Vico - 0208 207 5713

Sunday 1st February 2015

Fourth Sunday in Ordinary Time

Readings: Deuteronomy 18:15-20, Psalm 94:1-2, 6-9, I Corinthians 7:32-35,

Mark 1:21-28 on pages 132 - 134 of the Parish Mass Book



“Here is a teaching that is new”

Mark 1:27

Today's readings speak of attention; of speaking and listening.

Moses is identified as a prophet: someone who listens to the voice of the Lord. He in turn speaks, in the Lord's name, and the people listen to him. But woe betide anyone who speaks words in God's name that have not been commanded, or speaks in the name of other gods.

The people in the synagogue listened to Jesus and were impressed by what he had to say and his authority. But it took the unclean spirit to speak his name out loud: “I know who you are; the Holy One of God”, Jesus proved his authority over the unclean spirit which immediately obeyed him.

Are we always as quick to hear and obey the word of God?

It is easy to claim that worldly preoccupations and distractions keep us from the attentive listening to God's word that is needed to do his will. It is true there are many things, and many of them worthy, that demand our attention.

St Paul recognises the tensions, that arise for married men and women, between responsibilities towards their family and spouse and giving “undivided attention to the Lord”.

We are people of the word. We have the gift of both listening and speaking. Let us endeavour to listen with great attention to the word of God and speak it his truth faithfully in our lives.