

Holy Rood is a Fairtrade parish

Human nature does not seem to have changed over the generations. We saw in the first reading that the Israelites complained once again to Moses. This time was about not having any food to eat after leaving Egypt. Despite the fact they had been oppressed in Egypt and God had led them right through the Red Sea, they wished they had stayed and died in Egypt instead. However, God is full of compassion and understands our human needs. He provided manna and quails and everyone just had to gather the day's portion.

Only Jesus can give us true life. St Paul in the second reading urged us to move away from our worldly way of life and put God in the centre of our being.

Mass Times & Intentions: 3rd - 9th Aug

Monday	12.00	For parishioners on holiday Irena Homer RIP/ Peter Pervesle INT
Tuesday	12.00	For the priests of the Diocese / Peggy O'Carroll RIP
Wednesday	12.00	Fr Alan James Fudge RIP / Dylan Paul Alverado Special Intention Sister Dolores Birthday
Thursday	12.00	Mary Coelho RIP
Friday	12.00	Dan Dwyer RIP Constancio M. Mercado RIP
Saturday	11.00 19.00	Liam O' Malley INT For patients in Watford General Hospital
19th Sunday	08.00	Thomas O'Reilly RIP
I Kgs 19:4-8, Ps 33:2-9, Eph 4:30-5:2, John 6:41-51	09.30 11.00 14.15 18.30	Marie Maguire Anniv For the parishioners <i>Polish Mass</i> For staff of Watford General Hospital

Anniversaries: Jim Harvey, William Browne

In case you are admitted to hospital, please tell the staff to register you as Roman Catholic on your patient records and you would like the Roman Catholic Chaplain to visit you. Alternatively you can contact the West Herts Hospital RC Chaplain whose details are on the front page.

On every Thursday at 1.15pm, there is a Mass in the Watford General Hospital chapel (3rd floor). Everyone is welcome to join us, to pray for the sick and the staff who care for them.

Confession: Saturday
11.30 - 12.30, 18.15 - 18.40

Baptisms 2015 - June: Elsa Adeniji, Francesca Del Rosario, Phoebe Defriez, Emely Cukaj, Sophia Espray, Breacan Stewart, Chanelle Balagso, Zachary Antony, Denzel Chitsote, Amelia Gabriel, Olivia Samuel, Ronnie Flanagan.

July: Joshua Tansey, Archie Parks, Harvey Webb, Kyle Hinds, Brunel Taylor, William Early, Edward Morris, Emily Kivell, Aidan Madgwick & Georgia Maddock.

Holy Rood Catholic Church, Watford

You are very welcome to our church and parish community. If you are new to Holy Rood, please introduce yourself to one of the clergy or welcomers.

Clergy: Canon Paul McAleenan, Fr Ivano Millico and Deacon Neville Dyckhoff
Holy Rood House, Exchange Road, Watford. WD18 0PJ. (01923) 224085
Parish Secretary: Deirdre Edwards
Email: watford@rcdow.org.uk; paulmcaleenan@rcdow.org.uk
website: www.holyroodrc.com

Parish Safeguarding Representative: Cathy Kleiser 01923 233402
Diocese Safeguarding Co-ordinator: Eve Edohen 0207 798 9356
safeguarding@rcdow.org.uk

West Herts Hospitals RC Chaplain: Colette Lennon 01923 217994

Sunday 2nd Aug 2015

18th Sunday in Ordinary Time (Year B)

Readings: Exodus 16:2-4, 12-15, Psalm 77: 3-4. 23-25. 54, Ephesians 4:17, 20-24, John 6:24-35 on pages 114 - 117 of the Parish Mass Book

Jesus retreated to the hills by himself after feeding the multitude in last Sunday's gospel. This week John described how the people went searching for Jesus and their subsequent conversation. Jesus knew they were after material food. He invited them instead to look for spiritual food and to believe in Him. These people were among those who witnessed the miracle of the loaves in the feeding of the five thousand, yet they asked for another sign so they could believe in Him. They were expecting something like manna from heaven, as told in the first reading. Jesus told them that it

was His Father who gave their ancestors bread from heaven. And Jesus said,

